

Gull Lake High School

Sideline Cheerleading 2020

Greetings!

We are very excited to offer information & tryout dates for the upcoming 2020 Sideline Cheer season. This past year has been one of my favorites, filled with a lot of joy and hard work from both coaches and athletes. We are determined to make this the best summer (and fall) yet, in despite of recent challenges! Please read the below information with a grain of salt. We have no idea what the course of our season will look like in the midst of COVID-19. Despite this, we are planning a very fun and exciting season and look forward to sharing it with you (starting from a distance 😊)

Best,

Felicia Diaz, Head Coach, Varsity

Maegan Kalkowski, Head Coach, JV

Maddie Greene, Assistant Coach, Varsity

TRYOUTS: TBD, SEE INFORMATION BELOW

INFORMATIONAL MEETING: MAY 11th @ 7pm via videochat.

Links will be sent out to all parents who have an athlete signed up

SIGN UP: <https://forms.gle/fMtJ8dFnAivD5zC59>

Tryouts:

We have found ourselves in unprecedented circumstances, and so we must adapt! We plan on conducting tryouts virtually, first with an informational meeting done via video chat, and then athletes will be instructed to send videos of their skills to the head coach. Most communication will be done via text message. After tryouts have concluded, athletes will receive details on their team placement and future practice dates.

Team Placements:

This year will be different for many reasons, but one of the first to be aware of is that we will not make cuts for any incoming freshman athletes. **All freshman who tryout WILL be placed on a team**, regardless of prior experience and skill level. Everyone starts as a beginner, and we want to make cheerleading accessible and fun.

To be placed on the Varsity team, athletes must have the appropriate skill set. Priority will be given to upperclassmen who have demonstrated leadership ability and dedication to both the

sport of cheerleading and to the GL cheer program. Below is a list of requirements (based on grade level) to be considered for the varsity team. *Coaches reserve the right to waive any requirements for certain athletes with outstanding work ethic and leadership skills*

Varsity

9th: Athlete must have the following skills by the day of tryouts (without a spot): back walkover, front walkover, back handspring. Additionally, the athlete must have flat switch splits (triple splits preferred) and demonstrate experience in at least one stunting position

10th: Athlete must have the following skills by the day of tryouts (without a spot): back walkover, front walkover, back handspring. Additionally, the athlete must have flat switch splits (triple splits preferred) and demonstrate experience in at least one stunting position

11th: Athlete must have the following skills by the day of tryouts (without a spot): back walkover, front walkover, back handspring. Additionally, the athlete must have flat switch splits (triple splits preferred) and demonstrate experience in at least one stunting position

Juniors without these skills may still be considered for varsity based on leadership ability, good sportsmanship, and advanced stunting ability.

12th: Athlete must have the following skills by the day of tryouts (without a spot): back walkover, front walkover, back handspring. Additionally, the athlete must have flat switch splits (triple splits preferred) and demonstrate experience in at least one stunting position

Seniors without these skills may still be considered for varsity based on leadership ability, good sportsmanship, and advanced stunting ability

Junior Varsity

All grades: Athlete must demonstrate work ethic and desire to learn. Athletes must present with good sportsmanship, without any evidence of potential behavioral problems.

Practice Schedules:

Varsity: Practices will begin the week after tryouts and follow the schedule below (please discuss with coach any planned absences in advance):

June 1st-12th: Tuesday, Thursday, Friday from 3-5pm

June 15th-26th: Monday, Tuesday, Thursday, Friday from 9am-11am

June 29th-July 11th: Scheduled break, no practices

July 13th-end of summer: Monday, Tuesday, Thursday, Friday from 9am-11am

VARSITY CAMP DATES (required attendance):

2-DAY POWER CAMP: Bavarian Inn Lodge | Frankenmuth, MI
August 4 - August 5, 2020 (overnight camp)

LEVEL UP CAMP: East Kentwood High School
Aug 20 (day camp, no overnight)

UCA 1-DAY STUNT SERIES: Paw Paw High School
Aug 11 (day camp, no overnight)

JV: Practices will begin the week after tryouts and follow the schedule below (please discuss with coach any planned absences in advance)

June 1st-12th: TBA

June 15th-26th: TBA

June 29th-July 11th: Scheduled break, no practices

July 13th-end of summer: TBA

JV CAMP DATES (required attendance):

LEVEL UP CAMP: East Kentwood High School

Aug 20 (day camp, no overnight)

UCA 1-DAY STUNT SERIES: Paw Paw High School

Aug 11 (day camp, no overnight)

Fundraising:

All athletes will be given the opportunity to fundraise multiple times over the summer to cover most or all of their camp costs. While it is expensive to attend these camps, they are absolutely invaluable for athletes to get experience and for our team to get our name out there. More detail will be provided in the coming months, but expect to

FUNdraise 😊

Financial Breakdown:

We are lucky to have some resources to help athletes who cannot cheer due to financial issues. PLEASE let us know if this is a barrier to participation. *Remember that athletes can fundraise to cover all or most of camp costs!*

Cost	Item
Team bow (required)	\$10
Overnight Camp @ Bavarian Inn (Varsity Only)	\$165
Stunt Camp @ Paw Paw High School	\$78
Level Up Camp @ East Kentwood High School	\$88
Camp/Practice wear	\$50

More Questions? Contact Head Coach Felicia Diaz at diazfeliciaa@gmail.com